

December 2021



Hilliard Senior Center Hours:
Monday-Friday 8 a.m. - 4 p.m.

Mon		Tue	Wed	Thu	Fri	
(MP) = Multipurpose Room (CL) = Class Room (CR) = Craft Room (G) = Gym (CA) = Card Room			1 Trip 9:30a Bridge (CA) 10a Craft Club (CR) 10:45a Cornhole (G) 11a Indoor Walking (G) 11a Healthy Eating on Budget (MP) 12p Samba (CL)	2 8a Indoor Walking (G) 11a RSVP Seminar (MP) 12p Lunch (MP) 1p Samba (CL) 1p Bingo (MP) 1p Pinochle (CA)	3 Trip 11a Indoor Walking (G) 12p Prayer Lunch (MP) 1:30p Canasta (CA)	
		6 9a Writers Group (CA) 11a Indoor Walking (G) 12p Duplicate Bridge (MP) 12p Samba (CL) 12:30p Pinochle (CA)	7 Trip 8a Indoor Walking (G) 12p Lunch (MP) 1p Samba (CL) 1p Mahjong (CA)	8 9:30a Bridge (CA) 10a Craft Club (CR) 10:45a Cornhole (G) 11a Indoor Walking (G) 12p Samba (CL) 12:30p Euchre (CA)	9 Trip 8a Indoor Walking (G) 12p Lunch (MP) 1p Samba (CL) 1p Bingo (MP) 1p Pinochle (CA)	10 11a Indoor Walking (G) 12p Happiness Club (MP) 1:30p Canasta (CA)
		13 9a Writers Group (CA) 10a Bible Study (CR) 11a Indoor Walking (G) 12p Duplicate Bridge (MP) 12p Samba (CL) 12:30p Pinochle (CA)	14 Trip 8a Indoor Walking (G) 10:30a Book Club (CL) 11:15a Shoulder Pain Seminar (MP) 12p Lunch (MP) 1p Samba (CL) 1p Mahjong (CA)	15 Trip 9:30a Bridge (CA) 10a Craft Club (CR) 10:45a Cornhole (G) 11a Indoor Walking (G) 12p Samba (CL) 12:30p Euchre (CA)	16 8a Indoor Walking (G) 12p Christmas Lunch (MP) 1p Samba (CL) 1p Bingo (MP) 1p Pinochle (CA) 1p OSHIIP (CR)	17 11a Indoor Walking (G) 12p Blood Drive (MP) 1:30p Canasta (CA)
		20 9a Writers Group (CA) 11a Indoor Walking (G) 12p Duplicate Bridge (MP) 12p Samba (CL) 12:30p Pinochle (CA)	21 8a Indoor Walking (G) 1p Samba (CL) 1p Mahjong (CA) 2p Euchre Party (MP)	22 9:30a Bridge (CA) 10a Craft Club (CR) 10:45a Cornhole (G) 11a Indoor Walking (G) 12p Samba (CL) 12:30p Euchre (CA)	23 8a Indoor Walking (G) 10:30a Po-Ke-No (CR) 1p Samba (CL) 1p Bingo (MP) 1p Pinochle (CA)	24 Facility Closed
		27 Facility Closed	28 Trip 8a Indoor Walking (G) 11a Blood Pressure FD (CR) 12p Lunch (MP) 1p Samba (CL) 1p Mahjong (CA)	29 9:30a Bridge (CA) 10a Craft Club (CR) 10:45a Cornhole (G) 11a Indoor Walking (G) 12p Samba (CL) 12:30p Euchre (CA)	30 8a Indoor Walking (G) 11:30a Noon Years Lunch (MP) 1p Samba (CL) 1p Pinochle (CA)	
				31 11a Indoor Walking (G) 1:30p Canasta (CA)		

Aspiring Writers Support Group *(Mondays, 9 a.m.)*

Weekly informal networking session for aspiring writers. Each person works on their own project on their own time and shares with the group.

Bible Study *(2nd & 4th Monday, 10 a.m.)*

Bring your own bible and join this discussion!

Billiards & Library *(Daily)*

Check out books and puzzles, use the computer, or shoot pool.

Bingo *(Thursdays, 1 p.m.)*

Sponsored by Ohio Living Westminster-Thurber, Norwich Springs Health Campus, ProMedica, The Forum at Knightsbridge, and Wesley Glen Retirement Community.

Blood Pressure Checks *(4th Tuesday)*

The Norwich Township Fire Department will be onsite to perform free blood pressure checks from 11 a.m.—12 p.m.

Book Club *(2nd Tuesday, 10:30 a.m.)*

November Title: *The Dutch House* by Ann Patchet

Craft Club *(Wednesdays, 10 a.m.)*

Work on various projects for donations. Supplies provided.

Cornhole *(Wednesdays, 10:45 a.m.)*

Join this group to enjoy cornhole in the gymnasium.

Hilliard Park Café Lunches *(12 p.m.)*

Register by 4 p.m. the preceding day. \$5 members, \$7 non-members. Meal tickets (members) are 3 for \$15, 6 for \$29, or 12 for \$58.

Hilliard Express—Senior Transportation

The Hilliard Express is a free door-to-door transportation service for seniors 55+. To schedule a ride, call 1-833-SHARE-33, or visit SHAREMobility.com/hilliard.

Indoor Walking *(M,W,F 11 a.m. to 1 p.m., TU,TH 8-9 a.m.)*

Walk the perimeter of the indoor gym.

OSHIIP *(December 16, 1 p.m.)*

The Ohio Senior Health Insurance Information Program. provides free information and other health insurance services to Ohioans covered by Medicare. Schedule a one-on-one appointment at the Senior Center Office.

Po-Ke-No *(4th Thursday, 10:30 a.m.)*

Sponsored by Bluebird Retirement Community.

Healthy Eating on a Budget Seminar *(December 1, 11 a.m.)*

Join this free presentation from Eastern Michigan University master's student Noor Alkahlout. Please note, no lunch will be provided with this seminar. Register by the preceding day.

RSVP Seminar *(December 2, 11 a.m.)*

The Retired & Senior Volunteer Program (RSVP) of VANTAGE Aging connects older adults ages 55+ with a passion to positively impact their community with local nonprofits. All who attend will receive their Hilliard Café lunch for free. Register by the preceding day.

Prayer Luncheon *(December 3, 12 p.m.)*

An area minister presents a short message after lunch. Register by 4 p.m. the preceding day. The fee is \$5 for everyone.

Happiness Club *(2nd Friday, 12 p.m.)*

The Happiness Club is a fundraising arm of the Senior Center. Register by 4 p.m. the Wednesday prior to join for lunch, a business meeting, and entertainment. \$5 check, card, or meal ticket, plus \$1 cash to Happiness Club.

Shoulder Pain ... What Can I Do? *(December 14, 11:15 a.m.)*

Up to 70% of us will experience shoulder pain in our lifetime, but what can we do about it? Active PT will discuss common reasons for shoulder pain, what you can do to address it and prevent re-injury. All who attend will receive their Hilliard Café lunch for free. Register by the preceding day.

Christmas Lunch *(December 16, 12 p.m.)*

Join for a delicious Christmas feast!

Euchre Party *(December 21)*

The Euchre Party will be 2:00-5:00 p.m. and includes snacks, dinner, and prizes. The fee is \$6 at registration, and the registration deadline is 12/14.

Noon Years Eve Lunch *(December 30, 11:30 a.m.)*

Snack on hor d'oeuvres and count down the Noon Year, then enjoy a New Years meal, complete with sauerkraut for good luck!

Trips

December 1 (1:30 p.m.) - Dickens Victorian Village and Theos Restaurant

December 3 (11:45 a.m.) - Vaud-Villities

December 7 (4:00 p.m.) - Clifton Mills and Cracker Barrel

December 9 (8:30 a.m.) - La Comedia

December 14 (12:00 p.m.) - Golden Hobby Shop and The Old Mohawk

December 15 (9:30 a.m.) - Scioto Downs Racino

December 28 (5:00 p.m.) - Ohio State Men's Basketball